

Julia Gutsik, OCT, BA (Dance), B.Ed., M.Ed

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HIGHLIGHTS OF QUALIFICATIONS

- 200HR Yoga Teacher Training Certification 2016
- Dance Liaison for CODE | Council of Ontario Drama and Dance Educators, 2013
- Zumba® Basic 1, Zumba® Kids & Zumba® Kids Jr, 2013
- Certified GROOVE Method™ and GROOVE Method™ Kids, 2012 -Ontario
- Certified Teacher (OCT), 2010
- CEO/Founder of Luv2Groove™ since 2011
- Certified OM4YOUTH yoga training, 2009
- Workshop presenter for the Ottawa Carleton Elementary Teacher's Federation (OCETF) PD Day, 2011, 2012 & 2013
- Guest instructor for the Teacher Education Program at Ottawa University and the Additional Qualifications Dance Part 1 at Ottawa University
- 5 years as project facilitator with Blueprintforlife doing social work through hip hop culture across Canada's Arctic
- Over 20 years of dance training in Jazz, Tap, Ballet, Modern, Contemporary, House, Hip Hop and Breakdancing

EDUCATION

Master's in Education, 2012- University of Ottawa, ON Concentration in Teaching, Learning and Evaluation

Bachelor of Education, 2010- University of Ottawa, ON

Junior/Intermediate Division, Cum Laude

Elective course study in Holistic and non-traditional approaches to education

Bachelor of Arts in Dance, 2003- University of Calgary, AB Collaborate degree in Dance and Kinesiology

TEACHING EXPERIENCE

Luv2Groove™ Dance Education Workshops-----April 2011- Present

I am the CEO/Founder of Luv2Groove™. A dance education company that delivers 1-5 day residencies to schools across Canada. This program is designed to align with the arts curriculum and provide students with a better understanding and appreciation for the arts. Currently, I have four full time employees.

Elementary Occasional Teacher-----2011

Ottawa-Carleton District School Board, Ottawa, ON

BluePrintForLife (BP4L)-----November 2007-2010

I worked closely with BluePrintForLife for 4 years, doing social work through Hip Hop culture in over 27 communities in Nunavut, Nunavik, NWT and the Yukon. BP4L is

dedicated to working creatively with youth around the world to empower them with a sense of control and hope in their lives.

PERFORMING EXPERIENCE

2018

Ella's lounge Rock Opera, Choreographer and Dancer, Russell ON
Dance on Film, Choreographed by Celine Richard-Robichon, Ottawa., ON

2017

National Art Gallery- Family Sunday, Luv2Groove™ Performance

2016

Canada Kick off 150, Museum of History, Gatineau QC Ottawa's Bluefest, with Flava Factory, Ottawa ON

Family Sunday, National Art Centre, Luv2Groove™, Ottawa, ON

2014

Runway to Camp, World Diabetes, Luv2Groove™, Ottawa, ON

2013

L2 Grand Continental®, By Sylvain Emard, Canada Dance Festival, Ottawa, ON

CE Centre, Funatorium Explorium, Luv2Groove™, Ottawa, ON

2012

Reconfigured Realities, New Sun Conference on Aboriginal Arts, Blueprintforlife, Ottawa ON

Ottawa Senators vs. Chicago Black Hawks, Scotia Bank Center, Breadcrumbs Crew, Ottawa ON

Northern Lights Festival, Blueprintforlife, Ottawa Convention Center, ON

Winterlude, DJ Rise Ashen, Ottawa ON

National Arts Center, Cultural Days, Luv2Groove, Ottawa, ON

2011

Carleton University, 7 Swaras Cine Musiq, Ottawa ON

BBX 25th year anniversary Break-a-thon charity, Kanata, ON

Scotia Bank Center, Senator's Vs. Montreal Canadians Game, Ottawa ON

Carleton University, Breaking Barriers: Each One Teach One Event, Ottawa ON

Women's world, Tabaret Lawn Ottawa University, Ottawa ON

2010

National Arts Center, Cultural Day, 4EverFresH, Ottawa, ON Governor General Women's

Conference, Rideau Hall, Ottawa ON Royal Ottawa Hospital, Propeller Dance, Ottawa ON

Theatre of the Living Statue, Calgary Stampede, Calgary Alberta Shedding Light, Arts Court, Ottawa, ON-Propeller Dance

Youth Recognition Awards Ceremony, Ottawa ON

2009

"So you Think you can Dance", Promotional Freestyle Gig, Montreal, QC- 4EverFresH

Nu Films, En Attendant Music Video, Artist Corneille,

Living Statue, Calgary Stampede, Calgary

2008

Slammenberry Jam 4, Orpheus Theatre, Calgary, AB- 4EverFresH

Hip Hop 360, Museum of Civilization, Gatineau, QC- Hear and Now Collective

Livestyle, Calgary, AB- BluePrintForLife

2007

Hit the Deck, Ottawa, ON "Sit back Ya'll", 4EverFresH

Generations Bigaree, Espace Tangente, Montreal, QC

Slammenberry Jam 3, Vertigo Theatre, Calgary, AB "Sit Back Ya'll" - 4EverFresH

Batie Dance Festival, Geneva Switzerland -"Elastic Persepctive Redux"- Rubberbandancegroup

St. Sauveur Arts Festival, St. Sauveur, QC-"Elastic Persepctive Redux"- Rubberbandancegroup

Domaine Forget, Salle Francys-Bernier, Charlevoix, QC-"Elastic Persepctive Redux"-

Rubberbandancegroup

Bates Dance Festival, Schaeffer Theatre, Lewiston, Maine- "Elastic Persepctive Redux"-

Rubberbandancegroup

Hip Hop 360, National Arts Center, Ottawa, ON- "Elastic Persepctive"- Rubberbandancegroup

Ravinia Festival, Bennett-Gordon Hall, Chicago, USA- "Elastic Persepctive"-

Rubberbandancegroup

Guelph Contemporary Dance Festival, Guelph, ON- "Showdown"- Solid State Breakdance

Spoletto Festival, Emmett Robinson Theatre, South Carolina, USA-"Elastic Persepctive"-

Rubberbandancegroup

Maison de la Culture, Riviere-des-Praires, QC-"Elastic Persepctive"- Rubberbandancegroup

Maison de la Culture, Montreal Nord, QC-"Elastic Persepctive"- Rubberbandancegroup

Enwave Theatre, Harbourfront Center, Toronto, ON-"Elastic Persepctive"-Rubberbandancegroup

Theatre du Vieux- Terrebonne, Montreal, QC-"Elastic Persepctive"- Rubberbandancegroup

Zellerbach Theatre, Annenberg Center for the Performing Arts, Philadelphia, PA-"Elastic

Persepctive"- Rubberbandancegroup

Salle Pauline-Julien, Sainte-Genieve, QC- "Elastic Persepctive"- Rubberbandancegroup

Maison de la Culture Villeray- Saint-Michel-Parc-

Externsion, QC-"Elastic Persepctive"- Rubberbandancegroup

Maison de la Culture Mercier, Montreal, QC- "Elastic Persepctive"- Rubberbandancegroup

Theatre Mirella et Lino Saputo, St. Leonard, QC-"Elastic Persepctive"- Rubberbandancegroup

Maison de la Culture Rosemon, La Petite-Patrie, Montreal, QC "Elastic Persepctive"-

Rubberbandgroup

WinterCity Festival, Nathan Phillips Square, Toronto, ON- "Showdown"- Solid State Breakdance

Centennial Theatre, Lenoxville, QC- "It's not you it's me"- Solid State Breakdance

Maison de la culture, Montreal Nord, QC-"It's not you it's me"-Solid State Breakdance

2006

Maison de la culture, Pointe-aux-Trembles, QC-"It's not you it's me"- Solid State

KCVI Auditorium, Kingston, ON- "It's not you its' me"-Solid State Breakdance

Hip hop theatre festival, Center of Contemporary Arts, St. Louis, USA- "Elastic Perspective"-

Rubberbandancegroup

Cinars, Montreal, QC-"Elastic Perspective"- Rubberbandancegroup Alliance Atlantis Vivafilm

(Canada), Montreal, QC- "Ma Tante Aline"- Gabriel Pelletier

Overture Center for the Arts, Madison, USA- Elastic Perspective- Rubberband

Bumberershoot Festival, Seattle, USA- "Elastic Perspective"- Rubberbandancegroup

Jacob's Pillow, Massachusettes, USA-"Elastic Perspective"- Rubberbandancegroup

Canada Dance Festival, Ottawa, ON- "Elastic Perspective" - Rubberbandancegroup
Hip Hop Theatre Festival, Chicago, USA- "Elastic Perspective" - Rubberbandancegroup
Tangente, Montreal QC- "Alcove" - Vertice Collective (Erin Flynn)
KCVI Auditorium, Kingston, ON- "Etch A Sketch" - Solid State
Breakdance Collective
Flynn Center, Burlington, USA- "Elastic Perspective" - Rubberbandancegroup
APAP New York, USA- Elastic Perspective- Rubberbandancegroup Pixel Projects, Montreal, QC-
Excerpt from "Alcove" - Vertice Collective (Erin Flynn)
Women on Wax, Montreal, QC- Solid State Breakdance
2005

La Polyvalante, Amqui, QC- "Etch A Sketch" - Solid State Breakdance Collective
TOHU, Montreal, QC- "Etch A Sketch" - Solid State Breakdance Collective
Ecole St. Remi, Beaconsfield, QC- "Etch A Sketch" - Solid State Breakdance Collective
Ecole Jeanne Mance, Montreal, QC- "Etch A Sketch" - Solid State Breakdance Collective
Lauren Hill Academy, Montreal, QC- "Etch A Sketch" - Solid State Breakdance Collective
Utopia Productions, Montreal, QC- Imitation- Federico Hidalgo Freddie James, Montreal, QC-
Freestyle-CR Productions
bpm: tv, Toronto, ON- Dance Moves- Simone Maurice

2004

Martha Cohen Theatre- Calgary, AB- 20th Anniversary Jam- Decidedly Jazz Danceworks
Feats Festival, Edmonton, AB- Hyped- Wilson Dance Projects Dancers Studio West, Calgary, AB-
After Shocks- Roxana Menzies Live and In Sync, Alberta- Decidedly Jazz Danceworks- Vicki Adams
Willis
Thomas Lynch Fashion Show, Calgary, AB- Thomas Lynch- Freestyle Coke- A - Cola, Calgary, AB-
Dew Productions- Wilson Dance Projects

AWARDS/GRANTS

- "I love to Dance" YOUTH Award, Canadian Dance Assembly, 2012
- Ontario Arts Council, Artist in Education Grant, 2012/13, 2013/14, 2015/16
- Marjory Loughrey Artist in Residency Award Ottawa-Carleton District School Board, 2010, 2012
- Scholarship recipient for ImpulsTanz Vienna, Austria 2008
- Conseils des arts des lettres du Quebec Development Grant, 2008
- The Canada Council for the Arts, Travel Grants to Dance Professionals, 2004, 2007, 2008
- The Alberta Foundation for the Arts, Career Development Grant, 2004
- Decidedly Jazz Danceworks Scholarship Recipient, 2003-2004