

Julia Gutsik, OCT, BA (Dance), B.Ed., M.Ed

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HIGHLIGHTS OF QUALIFICATIONS

- 200HR Yoga Teacher Training Certification 2016
- Dance Liaison for CODE | Council of Ontario Drama and Dance Educators, 2013
- Zumba® Basic 1, Zumba® Kids & Zumba® Kids Jr, 2013
- Certified GROOVE Method™ and GROOVE Method™ Kids, 2012
- Ontario Certified Teacher (OCT), 2010
- Certified OM4YOUTH yoga training, 2009
- Over 20 years of dance training in Jazz, Tap, Ballet, Modern, Contemporary, House, Hip-Hop and Breakdancing
- 15 years of teaching experience
- 13 years of professional work including performing and choreography
- Founder and Artistic Director of Luv2Groove™ since 2009
- Workshop presenter for the Ottawa Carleton Elementary Teacher's Federation (OCETF) PD Day, 2011, 2012 & 2013
- Guest instructor for the Teacher Education Program at Ottawa University and the Additional Qualifications Dance Part 1 at Ottawa University
- 5 years as project facilitator with Blueprintforlife doing social work through hip hop culture across Canada's Arctic

EDUCATION

Master's in Education, 2012- University of Ottawa, ON
Concentration in Teaching, Learning and Evaluation

Bachelor of Education, 2010- University of Ottawa, ON

Junior/Intermediate Division, Cum Laude
Elective course study in Holistic and non-traditional approaches to education

Bachelor of Arts in Dance, 2003- University of Calgary, AB
Collaborate degree in Dance and Kinesiology

TEACHING EXPERIENCE

Luv2Groove™ Dance Education Workshops-----April 2009-present

I develop and deliver dance workshops/units across Canada for grades K-12. Each workshop is designed to address the Arts Curriculum and provides students with a better understanding and appreciation for dance.

Elementary Occasional Teacher-----May 2011-present
Ottawa-Carleton District School Board, Ottawa, ON

BluePrintForLife, "Social work through hip-hop"-----November 2007-present

I worked closely with BluePrintForLife for 4 years, doing social work through Hip Hop culture in over 27 communities in Nunavut, Nunavik, NWT and the Yukon. BP4L is dedicated to working creatively with youth around the world to empower them with a sense of control and hope in their lives.

A list of Arctic Projects with BluePrintForLife:

2011

Akulivik, Nunavik

Inukjuak, Nunavik

2010

Quaqtaq, Nunavik

Kangiqsujjuaq, Nunavik

Pelly's Crossing, Yukon

Kimmirut, Nunavut

2009

Ivujuvik, Nunavik

Inuvik, North West Territories

Calgary, Alberta

Arctic Hip Hop Summit- Pangnirtung, Nunavut

Follow-up Project- Kuujjuak, Nunavik

Leadership Project- Puvirnituq, Nunavik

Tasiuaq, Nunavik

Baker Lake, Nunavut

Kugluktuk, Nunavut

2008

Kuujjuak, Nunavik

Umiriaq, Nunavik

Cape Dorset, Nunavut

Pond Inlet, Nunavut

Pangnirtung, Nunavut

Calgary, Alberta

Cambridge Bay, Nunavut

2007

Cambridge Bay, Nunavut

PERFORMING EXPERIENCE

2016

Canada Kick off 150, Museum of History, Gatineau QC

Ottawa's Bluefest, with Flava Factory, Ottawa ON

Family Sunday, National Art Centre, Luv2Groove™, Ottawa, ON

2014

Runway to Camp, World Diabetes Day, NRG & Luv2Groove™, Ottawa, ON

2013

Le Grand Continental[®], by Sylvain Emard, Canada Dance Festival, Ottawa, ON

CE Centre, Funatorium Exlporium, Luv2Groove™, Ottawa, ON

2012

Reconfigured Realities, New Sun Conference on Aboriginal Arts,
Blueprintforlife, Ottawa ON
Ottawa Senators vs. Chicago Black Hawks, Scotia Bank Center,
Breadcrumbs Crew, Ottawa ON
Northern Lights Festival, Blueprintforlife, Ottawa Convention Center,
ON
Winterlude, DJ Rise Ashen, Ottawa ON
National Arts Center, Cultural Days, Luv2Groove, Ottawa, ON

2011

Carleton University, 7 Swaras Cine Musiq, Ottawa ON
BBX 25th year anniversary Break-a-thon charity, Kanata, ON
Scotia Bank Center, Senator's Vs. Montreal Canadians Game, Ottawa
ON
Carleton University, Breaking Barriers: Each One Teach One Event,
Ottawa ON
Women's world, Tabaret Lawn Ottawa University, Ottawa ON

2010

National Arts Center, Cultural Day, 4EverFresH, Ottawa, ON
Governor General Women's Conference, Rideau Hall, Ottawa ON
Royal Ottawa Hospital, Propeller Dance, Ottawa ON
Theatre of the Living Statue, Calgary Stampede, Calgary Alberta
Shedding Light, Arts Court, Ottawa, ON-Propeller Dance
Youth Recognition Awards Ceremony, Ottawa ON

2009

"So you Think you can Dance", Promotional Freestyle Gig, Montreal,
QC- 4EverFresH
Nu Films, En Attendant Music Video, Artist Corneille,
Living Statue, Calgary Stampede, Calgary

2008

Slammenberry Jam 4, Orpheus Theatre, Calgary, AB "Calgareeee" &
"Going 4 Gold"- 4Ever

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FresH

Hip Hop 360, Museum of Civilization, Gatineau, QC- Hear and Now
Collective

Livestyle, Calgary, AB- BluePrintForLife

2007

Hit the Deck, Ottawa, ON "Sit back Ya'll", 4EverFresH

Generations Bigaree, Espace Tangente, Montreal, QC

Slammenberry Jam 3, Vertigo Theatre, Calgary, AB "Sit Back Ya'll"-
4EverFresH

Batie Dance Festival, Geneva Switzerland -"Elastic Persepctive
Redux"- Rubberbandancegroup

St. Sauveur Arts Festival, St. Sauveur, QC-"Elastic Persepctive Redux"-
Rubberbandancegroup

Domaine Forget, Salle Francys-Bernier, Charlevoix, QC-"Elastic
Persepctive Redux"- Rubberbandancegroup

Bates Dance Festival, Schaeffer Theatre, Lewiston, Maine- "Elastic
Persepctive Redux"- Rubberbandancegroup

Hip Hop 360, National Arts Center, Ottawa, ON- "Elastic Persepctive"-
Rubberbandancegroup

Ravinia Festival, Bennett-Gordon Hall, Chicago, USA- "Elastic
Persepctive"- Rubberbandancegroup

Guelph Contemporary Dance Festival, Guelph, ON- "Showdown"-
Solid State Breakdance

Spoletto Festival, Emmett Robinson Theatre, South Carolina,
USA-"Elastic Persepctive"- Rubberbandancegroup

Maison de la Culture, Riviere-des-Praires, QC-"Elastic Persepctive"-
Rubberbandancegroup

Maison de la Culture, Montreal Nord, QC-"Elastic Persepctive"-
Rubberbandancegroup

Enwave Theatre, Harbourfront Center, Toronto, ON-"Elastic
Persepctive"-Rubberbandancegroup

Theatre du Vieux- Terrebonne, Montreal, QC-"Elastic Persepctive"-
Rubberbandancegroup

Zellerbach Theatre, Annenberg Center for the Performing Arts,
Philadelphia, PA-"Elastic

Persepctive"- Rubberbandancegroup

Salle Pauline-Julien, Sainte-Genevieve, QC- "Elastic Persepctive"-
Rubberbandancegroup

Maison de la Culture Villeray- Saint-Michel-Parc-

Externsion,QC-"Elastic Persepctive"- Rubberbandancegroup
Maison de la Culture Mercier, Montreal, QC- "Elastic Persepctive"-
Rubberbandancegroup
Theatre Mirella et Lino Saputo, St. Leonard, QC-"Elastic Persepctive"-
Rubberbandancegroup
Maison de la Culture Rosemon, La Petite-Patrie, Montreal, QC
"Elastic Persepctive"- Rubberbandgroup
WinterCity Festival, Nathan Phillips Square, Toronto, ON-
"Showdown"- Solid State Breakdance
Centennial Theatre, Lenoxville, QC- "It's not you it's me"- Solid State
Breakdance
Maison de la culture, Montreal Nord, QC-"It's not you it's me"-Solid
State Breakdance
2006
Maison de la culture, Pointe-aux-Trembles, QC-"It's not you it's me"-
Solid State
KCVI Auditorium,Kingston, ON- "It's not you its' me"-Solid State
Breakdance
Hip hop theatre festival, Center of Contemporary Arts, St. Louis,
USA- "Elastic Perspective"-
Rubberbandancegroup
Cinars, Montreal, QC-"Elastic Perspective"- Rubberbandancegroup
Alliance Atlantis Vivafilm (Canada), Montreal, QC- "Ma Tante Aline"-
Gabriel Pelletier
Overture Center for the Arts, Madison, USA- Elastic Perspective-
Rubberband
Bumberershoot Festival, Seattle, USA- "Elastic Perspective"-
Rubberbandancegroup
Jacob's Pillow, Massachusettes, USA-"Elastic Perspective"-
Rubberbandancegroup
Canada Dance Festival, Ottawa, ON-"Elastic Persepctive"-
Rubberbandancegroup
Hip Hop Theatre Festival, Chicago, USA- "Elastic Perspective"-
Rubberbandancegroup
Tangente, Montreal QC-"Alcove"- Vertice Collective(Erin Flynn)
KCVI Auditorium,Kingston, ON- "Etch A Sketch"-Solid State

Breakdance Collective

Flynn Center, Burlington, USA- "Elastic Perspective"-

Rubberbandancegroup

APAP New York, USA- Elastic Persepctive-Rubberbandancegroup

Pixel Projects, Montreal, QC- Exerpt from "Alcove"-Vertice

Collective(Erin Flynn)

Women on Wax, Montreal, QC- Solid State Breakdance

2005

La Polyvalante, Amqui, QC- "Etch A Sketch"-Solid State Breakdance

Collective

TOHU, Montreal, QC- "Etch A Sketch"-Solid State Breakdance

Collective

Ecole St. Remi, Beaconsfield, QC-"Etch A Sketch"-Solid State

Breakdance Collective

Ecole Jeanne Mance, Montreal, QC-"Etch A Sketch"-Solid State

Breakdance Collective

Lauren Hill Academy, Montreal, QC-"Etch A Sketch"-Solid State

Breakdance Collective

Utopia Productions, Montreal, QC- Imitation- Federico Hidalgo

Freddie James, Montreal, QC-Freestyle-CR Productions

bpm: tv, Toronto, ON-Dance Moves-Simone Maurice

2004

Martha Cohen Theatre- Calgary, AB- 20th Anniversary Jam-Decidedly

Jazz Danceworks

Feats Festival, Edmonton, AB-Hyped- Wilson Dance Projects

Dancers Studio West, Calgary, AB- After Shocks- Roxana Menzies

Live and In Sync, Alberta-Decidedly Jazz Danceworks- Vicki Adams

Willis

Thomas Lynch Fashion Show, Calgary, AB- Thomas Lynch- Freestyle

Coke- A -Cola, Calgary, AB- Dew Productions- Wilson Dance Projects

VOLUNTEER WORK

Propeller Dance, Ottawa ON-January 2010/11

Is an Integrated dance company working with dancers with and

without disabilities. I assist

the dancers in rehearsals and performances by helping them get

ready, guiding them and teaching them new skills and dance techniques.

Children's Wish Foundation, Ottawa, ON, 2010

I judged a fundraiser event called "So you Wish you can dance", to raise money for the Children's Wish Foundation.

St. Stephen's Hungarian Ball, Montreal QC-2006-2008

I taught traditional Hungarian dance to participants in the Ball.

Calgary Cares AIDS Benefit, Calgary AB- 2000-2003

Performed in Calgary's biggest AIDS benefit for four consecutive years. A benefit dedicated towards the

AWARDS

"I love to Dance" YOUTH Award

Canadian Dance Assembly, 2012

Ontario Arts Council

Artist in Education Grant, 2012/13, 2013/14, 2015/16

Marjory Loughrey Artist in Residency Award

Ottawa-Carleton District School Board, 2010, 2012

Scholarship recipient for ImpulsTanz Vienna, Austria
2008

Conseils des arts des lettres du Quebec

Development Grant, 2008

The Canada Council for the Arts

Travel Grants to Dance Professionals, 2004,2007,2008

The Alberta Foundation for the Arts

Career Development Grant, 2004

Decidedly Jazz Danceworks

Scholarship Student, 2003-2004